



## Chimichurri Sauce

### U.S.

1/2 cup packed  
1/2 cup packed  
1/2 cup  
1/4 cup  
2 clove  
1/2 tsp  
1/2 tsp  
1/2 tsp  
To taste

Italian Parsley, fresh  
Cilantro, fresh  
Olive Oil  
Sherry Vinegar  
Garlic, peeled  
Red Pepper Flakes  
Cumin  
Salt, kosher  
Black Pepper, ground

### Metric

30 g  
30 g  
119 mL  
57 mL  
2 clove  
0.5 g  
1.5 g  
2.5 g  
To taste

### **Preparation:**

1. Gather all ingredients and equipment.
2. Combine all ingredients in a food processor or blender, and blend until smooth.

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## Nutrition Facts

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16 Servings

**Serving size**                      **1 Tbsp**

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**Amount per serving**

**Calories**                              **60**

<b>Total Fat</b>	7 g
Saturated Fat	1 g
Trans Fat	0 g
Monounsaturated Fat	5 g
<b>Cholesterol</b>	0 mg
<b>Sodium</b>	65 mg
<b>Total Carbohydrate</b>	1 g
Dietary Fiber	0 g
Total Sugars	0 g
Includes 0g Added Sugars	
<b>Protein</b>	0 g
Vitamin D	0 %
Calcium	0 %
Iron	3 %
Potassium	15 mg
Phosphorus	0 mg

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