



Pumpkin Pie Spice

<u>U.S.</u>		<u>Metric</u>
3 Tbsp	Cinnamon, ground	27g
2 tsp	Ginger, ground	6g
2 tsp	Nutmeg, ground	6g
1 tsp	Cloves, ground	3g
1 tsp	Allspice, ground (optional)	3g

Preparation:

1. Add all of the ingredients to a mixing bowl and mix until well combined. Store in an airtight container until ready to use.

Nutrition Facts

15 Servings

Serving size 1 tsp

Amount per serving

Calories 5

Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	2 g
Dietary Fiber	0 g
Total Sugars	0 g
Includes 0g Added Sugars	
Protein	0 g
Vitamin D	0 %
Calcium	0 %
Iron	0 %
Potassium	14 mg
Phosphorus	0 mg
